



# Your health: Emergency contact numbers



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better health, from the Harbour to the Hawkesbury

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In case of an emergency **dial 000** (for Police, Fire and Ambulance)

## Important contact numbers

- Ambulance, Fire, Police: **000**
- NSW Poisons Information Centre: **131 126**
- Kidshelpline: **1800 551 800**
- Youthline: **02 9633 3666**
- Alcohol and Drug Information Service:
  - Northern Sydney **1300 889 788**
  - Country **1800 422 599**
- The Children's Hospital at Westmead:
  - Emergency Department- **02 9845 2460**
- Sexual Abuse Help Line: **131 200**

## After-hours contact numbers for HKHS

- Mental Health
  - Acute Care Team: **02 9477 9520**
- Emergency Department: **02 9477 9530**

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