



Get involved: Volunteering for HKHS

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Becoming a volunteer at Hornsby Ku-ring-gai Health Service is an opportunity to make a difference in your local community, have good fun and make lasting friendships that will stand the test of time. Our volunteers assist us in many ways: as rehabilitation volunteers who assist by making rehabilitation aids, as "Pink ladies" (or gentlemen), in community centres, with Meals on Wheels and as play leaders in the Child and Adolescent Unit. Service Clubs also assist with many fundraising activities including the Spring Fair.

How to volunteer

Contact the appropriate volunteer coordinator for information

- **Hospital volunteers** ("Pink" ladies and gentleman): call 9477 9459
- Rehabilitation volunteers: call 9477 9459
- Play leaders for the Paediatric Unit: call 9477 9459
- Florist and gift shop volunteers: call 9477 9459
- **Community Health Centres**
- **Meals on Wheels**: ring Megan Hall on 9477 9214 or 9477 9419
- Other volunteers inquiries: call 9477 9459

INTERNATIONAL VOLUNTEERS' DAY

This special day is celebrated on 5th December to recognise the contribution of volunteers who do so much for our community. Thank you to all the volunteers who give so generously of their time to help our health service.

Hornsby Ku-ring-gai Health Service also holds other regular events to thank supporters and volunteers, highlights volunteers in newsletters and always recognises the importance of our strong community support and connection.

Photo Gallery: Our strong community connection

Related links:

- [Printable version](#)
- [Volunteer services department](#)
- [Community Health Centres](#)
- ["Pink ladies & men"](#)
- [Meals on Wheels](#)
- [Donating](#)
- [Bequest brochure](#)

Here are just a few of the memorable moments in volunteering at Hornsby Ku-ring-gai Health Service.

Service Clubs often assist at functions such as the Spring Fair



HKH has 'pink gentlemen' as well as 'pink ladies'



Play leaders provide valuable help in the Child & Adolescent Unit



Fine Arts' students painted murals for HKHS



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Last updated 6 November 2008

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